

## **For the Classroom - Formation in Christian Chastity, Grade 6**

### **Grade 6 – Lesson Plan 1**

**Theme: God made us to love and to be loved.**

**Objectives:**

1. Students will learn the true meaning of love.
2. Students will be able to identify characteristics of friendship, and understand that true friends are not self-centered.
3. Students will understand that certain acts, such as gossiping, bullying, and teasing violate love of neighbor and friendship.

Begin by telling the students that every year the Church sets aside the month of October as “Respect Life” month. Tell them that one crucial way we can show our respect for life, our own and others, is by living a life of chastity. Then, tell them the story of St. Maximilian Kolbe given below.

#### **St. Maximilian Kolbe:**

Raymond Kolbe, born January 7, 1894, was the son of devout Catholic parents. When Raymond was still a child, our Blessed Mother came to him holding two crowns, a red one symbolizing martyrdom and a white one symbolizing persevering purity. She asked if he was willing to accept either crown. He accepted both.

As a young man, Raymond, along with his elder brother, entered a junior Franciscan seminary. He excelled in mathematics and physics and also had a passionate interest in the military. Later, he decided that rather than be a military strategist, he would fight in another way. He wished to fight moral and spiritual evil by overcoming it with the weapons of truth, love, and mercy. In October 1917, he and six friends founded the *Crusade of Mary Immaculate* with the goal of converting sinners, freemasons, and those who left or denied the Catholic faith. He took the religious name Maximilian and was ordained a priest on April 28, 1918.

Despite constant suffering from tuberculosis, Maximilian lived a life of intense prayer, work, and charity. Upon returning to Poland, he formed one of the largest Franciscan friaries in the world, with over 700 inhabitants. In honor of the Ever-Virgin Mother of God, he named the friary “Niepokalanow,” which means “City of the Immaculate.” He believed that it was important to use all available technologies to further the kingdom of God. He did this by establishing a printing press which printed a monthly magazine, a daily newspaper, and a radio station – all to advance and spread the message of the love of the Lord Jesus and His Holy Mother. By the mid-1930’s, Father Maximilian’s magazine was reaching 750,000 people a month. His daily newspaper was reaching over

100,000 readers per day. Priests throughout Poland credited his magazine and newspaper with fostering greater faith all over the country.

Fr. Maximilian was a great missionary, setting up friaries with printing presses in Japan and India to spread the love of God and devotion to Our Lady. All the while he respected the local customs and traditions in those lands.

In 1939, while back in Poland, Fr. Maximilian was taken prisoner by the Nazis, who had invaded Poland. He was released on December 8, the Solemnity of the Immaculate Conception. After his release he spent much of his time organizing shelters for refugees.

In February 1941, Fr. Maximilian was arrested again and sent to prison in Warsaw where he was brutally treated. In May of the same year, he was sent to Auschwitz. In July, several prisoners escaped from two separate cellblocks. In reprisal, 10 men from each cellblock were randomly chosen by the Nazi commandant to die in their place. One of those was a man named Franciszek Gajowniczek. Upon being chosen to die, Francis cried out, “Oh, my poor wife, my poor children. I shall never see them again.” Fr. Maximilian stepped forward and offered his own life in place of Franciszek’s. His offer was accepted and he was taken to the starvation chamber with the other men who had been chosen for death. There he led them in daily prayers, hymns, and the Rosary. Slowly, all the men died of thirst and starvation – all that is except Fr. Maximilian. Finally, after growing impatient waiting for Fr. Maximilian to die and wanting to use his cell to kill more people, Fr. Maximilian, with a prayer on his lips, was given a lethal injection.

This heroic martyr of charity was canonized a saint by Pope John Paul II on October 10, 1982. His feast day is August 14, one day before the Solemnity of the Assumption of the Blessed Virgin Mary. Until his death, Franciszek Gajowniczek spoke often and in different parts of the world about St. Maximilian Kolbe’s self-sacrificial love and how that love had saved his life.

(Have the following prayer, Scripture and Catechism quotes, and the “Key Concepts” Reading on a handout for the children. Recite the prayer together and then have the children take turns reading the quotes out loud.)

**Opening Prayer:** Dear Jesus, You have given us St. Maximilian Kolbe as a heroic example of self-sacrificial love. By your grace and through the intercession of our Blessed Mother, Mary, help us to love God with all of our heart, mind, soul, and strength, and to love our neighbors as ourselves. Amen.

**Quotations from Sacred Scripture:**

*With age-old love I have loved you; so I have kept my mercy toward you.*  
(Jeremiah 31: 3b)

*Have the same regard for one another; do not be haughty but associate with the lowly; do not be wise in your own estimation. Do not repay evil for evil; be concerned for what is noble in the sight of all. If possible, on your part, live at peace with all.*  
(Romans 12:16-18)

*No one has greater love than this, to lay down one's life for one's friends.*  
(John 15:13)

**Quotations from the Catechism of the Catholic Church:**

*Charity [love] is the theological [God-given] virtue by which we love God above all things for his own sake, and our neighbor as ourselves for the love of God. (1822)*

*God who created man out of love also calls him to love – the fundamental and innate vocation of every human being. For man is created in the image and likeness of God who is himself love. (1604)*

*God created man in his image and established him in his friendship. A spiritual creature, man can live this friendship only in free submission to God. (396)*

**“Key Concepts” Reading:**

**True love and its relationship to true friendship.**

God, Who is Love, loved us into being. Because we are made in His image we are to love Him above all things and love our neighbor as ourselves. Who is our neighbor? Every person, because we are all made in God's image and because the good that we do helps not just those close to us, but everyone. By the same token, the evil that we do harms not just ourselves, but everyone.

The best way that we show our love for our neighbor is to help him to get to heaven. Jesus' death on the Cross shows us the meaning of self-giving and that love involves sacrifice. His death was the ultimate sacrifice. His sacrifice was offered out of love and obedience for God the Father, and out of love of us.

God made us to live in community with others. This desire is imprinted into our nature. It is part of who we are. Because we are made to live with others, God wants us to form friendships, which are gifts precious to each one of us. Like God, a true friend wants what is best for both our body and our soul. True friends do not use another person for pleasure, to look good to others, or for selfish reasons. Rather, we act as friends by treating each other with respect, kindness, loyalty, and mercy. There are certain acts, which go against friendship, and they must be avoided. One of these acts is gossip. Gossip involves telling somebody something about another person that the person does not have a right to know. It involves “talking about someone behind their back.” This is wrong.

There can be a time when we do talk about another person, such as when that person is in danger or when that person is endangering someone else. In that case, we should tell a parent or an adult, who is able to do something about it. Aside from that, we should make it a habit to either speak well of others or say nothing about them. There is an old saying that works here: “If you don't have something good to say about someone, don't say anything at all.”

Making fun of others and bullying others is also wrong and is to be avoided. Such actions break the fifth commandment, “You shall not kill.” This commandment forbids

murder. It also forbids actions by which we would intentionally harm another person physically, emotionally, or spiritually. God loves every person. Bullying and ridiculing others means that we are not treating them with the dignity God gave them. Everybody deserves to be treated with dignity and respect. One thing we can do is to always be kind toward those whom we see “picked on.” Kindness is pleasing in the sight of God. If others persecute you for such kindness, rejoice! Jesus tells us that our “reward will be great in heaven” if we are persecuted for doing good on His account. He also said that whatever we do to the least of our brothers we do to Him.

**Discussion Questions:**

Question: Does God love everyone?

Answer: Yes, God loves everyone, because God is Love.

Question: Who is our neighbor?

Answer: In a certain sense, everyone is our neighbor, because every human being is made in God’s image and likeness. Not only that, but every baptized person is an adopted son or daughter of God the Father and is our brother or sister in Christ.

Question: Ultimately, how do we show love for our neighbor?

Answer: We show love for our neighbor by doing good toward him and helping him or her get to heaven.

Question: What are some characteristics of true friends?

Answer: Answers here will vary, but may include such things as respect, loyalty, mercy, and kindness.

Question: What are certain actions, which we must always avoid with respect to others?

Answer: Answers will again vary, but may include, gossiping, bullying, ridiculing, ignoring or being mean to another person, because we think we will fall out of favor with the “cool” crowd.

**Activity:**

Make sure every student has a Bible. If there are not enough Bibles for everyone, have them share one with a partner. Students are to read 1 Corinthians 13: 4-7, as a sort of “examination of conscience.” Every time St. Paul uses the word “love,” such as “Love is patient, love is kind,” the students should silently insert their own name in place of the word “love.” So, for instance, a girl named Mary might read, “Mary is patient, Mary is kind.” Ask them to think about (but don’t share out loud) whether they are patient, kind, not jealous, not inflated, not rude, do not seek own interests, are not quick-tempered, do not brood over injury, do not rejoice over wrongdoing but rejoice with the truth, bear all things, believe all things, hope all things, endure all things.

**Summary:**

So far, we have learned that God creates every person out of love and that because we are made in his image, we must love him above all things and our neighbor as ourselves. True love involves self-sacrifice. Jesus demonstrates this by his whole life and especially by his death for us on the cross.

True friends are those who live for the good of another person and who help them along the path to heaven. Love of neighbor rules out ever doing harm to another, whether

physically, emotionally, or spiritually. We must never be unkind to anyone. Gossip, bullying, and ridicule are acts displeasing to God. We should avoid those who seek to use us for their own pleasure or selfish gain.

**Closing Prayer:** Most Sacred Heart of Jesus, have mercy on us!  
Immaculate Heart of Mary, pray for us!  
St. Maximilian Kolbe, pray for us!

## **For the Classroom - Formation in Christian Chastity, Grade 6**

### **Grade 6 – Lesson Plan 2**

**Theme: God made us to love and to be loved.**

**Objectives:**

1. Students will learn that virtue is a spiritual power, which involves the purity of mind and body, frees love from selfishness, and helps them to realize their own dignity as a child of God, as well as the dignity of others as children of God.
2. Students will know what modesty is and what it requires.
3. Students will understand that in families, chastity builds an atmosphere of love, virtue, and gratitude for God's gifts, and helps each person discover what is his/her own vocation.

Now tell the story of St. Joseph.

**St. Joseph:**

St. Joseph, a carpenter by trade, demonstrated his fatherly love as the foster-father of Jesus. As Mary's husband, St. Joseph also served as a model of charity, justice, chastity, and faithfulness to God's plan. Because of his role as guardian and protector of the Holy Family, we invoke St. Joseph's intercession as Patron of family life. He is also Patron of husbands, Patron of fathers, Patron of the Church, and Patron of a holy death.

(You may omit this prayer if both classes are being taught on the same night)

**Opening Prayer:** St. Joseph, please obtain God's grace and protection for my family and for all families. Help us to love by giving of ourselves to others, avoiding selfishness, and living in peace with others. Help us to model our lives after yours by being humble, working at our tasks faithfully, by acting justly, and by loving mercy. Finally, help us by your prayers to live chaste lives, to be truly devoted to Jesus and Mary, to love and grow in our Catholic faith, and finally to be with our Lord in heaven. Amen.

**Review:**

So far, we've learned that God made us because He loves us. He wants us to love Him above all things and to love our neighbor as ourselves. The primary way that we do this is to help people through our prayers, words, and actions to get to heaven. True love involves sacrifice and Jesus' crucifixion is the ultimate example of sacrificial love. We also learned what true friends are and what they are not. A true friend does what is good for our body and soul. Gossiping, bullying, malicious teasing, or using another person for our own pleasure goes against true friendship. God commands us to treat everyone with the dignity that they deserve as people made in His own image.

Now we will learn that God loves us and that only He can fully satisfy our desire for love. For that desire to be satisfied, we must love Him above all else and love our neighbor as ourselves. Loving God requires us to live chastely and modestly.

(Have the following Scripture and Catechism quotes and “Key Concepts” Reading on a handout for the children. Have them take turns reading out loud.)

**Quotations from Sacred Scripture:**

*Let no one have contempt for your youth, but set an example for those who believe, in speech, conduct, love, faith, and purity.* (1 Timothy 4:12)

*The LORD came and revealed his presence, calling out as before, “Samuel, Samuel!” Samuel answered, “Speak, for your servant is listening.”* (1 Samuel 3:10)

**Quotation from the Catechism of the Catholic Church (2522):**

*Modesty is decency. It inspires one’s choice of clothing. It keeps silence or reserve where there is evident risk of unhealthy curiosity. It is discreet.*

**“Key Concepts” Reading:**

**Chastity - Key To Holiness.**

God loves us deeply and only He can satisfy our desire for love. Because He loves us so, we are duty bound to love Him above all else. He also commands us to love our neighbor as ourselves. Love of God and neighbor requires that we live a chaste life. Chastity is the spiritual power or virtue, which frees love from selfishness. Living chastely helps us to have inner peace. Chastity enables us to think purely and act purely. Living chastely enables us to respect others and ourselves. It helps us to be holy. In family life, chastity builds an atmosphere of respect, virtue, sacrifice, and love.

Part of chastity is modesty. Modesty means, “refusing to unveil what should remain Hidden.” (CCC 2521) It keeps private things private. Modesty is part of the cardinal virtue of temperance. Modesty protects us spiritually from acting impurely. “Modesty is decency. It inspires one’s choice of clothing...” (CCC 2522) We must dress so as to adequately cover the private parts of our bodies. We must not dress so as to arouse unhealthy curiosity in others. If immodest subjects are discussed we should either change the subject or excuse ourselves from the conversation. We show respect for God, others, and ourselves by dressing and acting modestly.

Vocation is a call from God to live in a particular way, for instance, as a married person, a priest, or a religious sister. All people, regardless of their state of life, are called to be holy. Chastity helps us to discover what our own vocation is – whether it is marriage, the priesthood, religious life, or the single life.

**Discussion Questions:**

Question: From what does the virtue of chastity free us?

Answer: Chastity frees us from selfishness.

Question: How does chastity help us?

Answer: It gives inner peace; enables one to think and act purely with the mind of

Christ; helps us to respect ourselves and others; builds up respect and love in families; helps us to be holy; helps us to more easily discern God's will.

Question: Which are the cardinal virtues?

Answer: The cardinal virtues are the four main categories of virtue around which the other virtues may be grouped. The cardinal virtues help us to govern our actions, to order our passions, and to guide our conduct, according to reason and faith. The four cardinal virtues are prudence, temperance, justice, and fortitude. (See CCC 1804 ff.)

Question: Under which cardinal virtue do chastity and modesty fit?

Answer: Chastity and modesty are part of the cardinal virtue of temperance.

Question: What is temperance?

Answer: Temperance is the cardinal virtue by which we control the desires of the senses according to the will of God.

**Activity:**

Along the top of one side of the board, write the words "Friend" and along the top of the other side of the board, write the word "Chastity." Leave space between the words and below the words. Leave a large space in the middle of the board. Ask students to come up with adjectives describing these two words based upon what they have read and been taught in class. Write fitting responses on the board under each word. Then, in the middle of the board, write the name "Jesus."

The teacher should ask the students how Jesus helps us to be chaste, and to be true friends to one another, and what Jesus has to say about chastity, friendship, and love of neighbor.

Responses may include such things as: He gives us His grace to lead chaste lives. His parable of the Good Samaritan shows us about true friendship and love of neighbor. He gives us the sacraments, which give us a share in His life and help us to be holy. He tells us in the Beatitudes, "Blessed are the pure in heart." He provides us with the ultimate example of self-giving love by His death on the Cross, so that we may have life to the full.

**Summary:**

Today we have learned that chastity is a virtue that helps us to think and act purely and which frees us from selfishness. We have learned that to be chaste, we must be modest. Modesty involves keeping private things private. It affects how we speak, dress, and act. Finally, we learned that by living chaste lives, we lead the life of holiness that our Lord desires.

**Closing Prayer:** Most Sacred Heart of Jesus, have mercy on us!

Immaculate Heart of Mary, pray for us!

St. Joseph, pray for us!